| State of Alaska <br> Michael Dunleavy Governor | Alaska Workers' Compensation Division <br> PO Box 115512 Juneau, Alaska 99811-5512 |  |  |  |
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| Department of Labor and Workforce Development | BULLETIN |  | $\begin{gathered} \text { Number } \\ 19-01 \end{gathered}$ | Date <br> February 20, 2019 |
| Dr. Tamika L. Ledbetter Commissioner | SUBJECT Allowances For Transportation, Meals and Lodging While <br> Traveling For Medical Treatment. <br> REFERENCE 8 AAC 45.084 | Allowances For Transportation, Meals and Lodging While Traveling For Medical Treatment.$8 \text { AAC } 45.084$ |  |  |

Regulation 8 AAC 45.084 describes medical travel expenses payable or reimbursable under the Alaska Workers' Compensation Act. Mileage allowances for use of a private vehicle, meals and lodging are based on reasonable amounts incurred when obtaining necessary medical treatment. Reimbursable expenses may not exceed the per diem rate paid by the State of Alaska to its supervisory personnel while traveling. The injured worker is responsible to use the most reasonable and efficient means of transportation under the circumstances and the Workers' Compensation Board may deny unreasonable or inefficient transportation costs.

Effective January 1, 2019, the mileage reimbursement rate when using a privately owned vehicle within Alaska is $\$ 0.580$ per mile. See the revised Alaska Department of Administration POV Rate Table. For out-of-state mileage reimbursement, see the U.S. General Services Administration POV Rate table.

For lodging reimbursement and per diem expenses incurred within Alaska, see the Alaska Department of Administration M\&IE Rate Table.

Reimbursement of reasonable meals and lodging expenses must be paid if substantiated by receipts submitted by the injured worker. For lodging reimbursement and per diem expenses incurred outside of Alaska, see the U.S. General Services Administration M\&IE Rate Table.

