State of Alaska Frank H. Murkowski Governor	Alaska Workers' Compensation Division PO Box 25512 Juneau, Alaska 99802-5512			
Department of Labor and Workforce Development	BULLETIN		Number 06-04	Date January 11, 2006
Greg O'Claray Commissioner	SUBJECT REFERENCE	Allowances for Transportation, Meals, and Lodging While Traveling for Medical Treatment 8 AAC 45.084		

Board regulation 8 AAC 45.084 describes medical travel expenses which are payable or reimbursable under the Alaska Workers' Compensation Act. Allowances for mileage, meals, and lodging are based on the rate the State of Alaska reimburses its supervisory employees (SU bargaining unit), and the Alaska Administrative Procedures Manual.

Transportation expenses, in the form of reimbursement for mileage, which are incurred in the course of treatment or examination are payable when 100 miles or more have accumulated, or upon completion of medical care, whichever occurs first. Transportation expenses include

- (1) a mileage rate, for the use of a private automobile for travel on the given date if the usage is reasonably related to the medical examination or treatment;
- (2) the actual fare for public transportation if reasonably incident to the medical examination or treatment; and
- (3) ambulance service or other special means of transportation if substantiated by competent medical evidence or by agreement of the parties.

It is the responsibility of the employee to use the most reasonable and efficient means of transportation under the circumstances. If the employer demonstrates at a hearing that the employee failed to use the most reasonable and efficient means of transportation under the circumstances, the board may direct the employer to pay the more reasonable rate rather than the actual rate.

A reasonable amount for meals and lodging purchased when obtaining necessary medical treatment must be paid by the employer if substantiated by receipts submitted by the employee.

Click on the links below for additional information.

- Reimbursement for mileage when using a privately owned vehicle.
- Meals & lodging allowances for in-state travel.
- Meals & lodging allowances for out-of-state travel.